

Rhys Morris

Event host, MC & compere

CEO & FOUNDER, TRM FLEX



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The host who has *run the event.*



<i>Name</i>	Rhys Morris
<i>Role</i>	Event host, MC and compere CEO & Founder, TRM Flex
<i>Based</i>	Essex, close to London Works UK-wide and internationally
<i>Hosts</i>	Corporate conferences, awards, gala and charity dinners, sports dinners and match days Panel moderation, live interviews, singing, voice-over
<i>Credits</i>	WRU Official Members Club host, 2014 to 2026 Head of Events, The Office Group (TOG Talks) · EMEA Summits, SANS Institute
<i>Recognition</i>	Eventex 50 Most Influential People in the UK Events Industry, 2023
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Rhys Morris is a Welsh event host, MC and compere, the CEO and founder of the event operations platform TRM Flex, and for twelve seasons the host of the WRU Official Members Club on Wales international match days in Cardiff, where his live interview guests included Shane Williams, Dan Biggar and Mike Phillips. He hosts corporate conferences, awards nights, gala and charity dinners and sports dinners across London and the UK, moderates panels and leads live interviews, and, as a trained bass-baritone, can add a live vocal moment to any booking. Eventex named him among the 50 Most Influential People in the Events Industry in the UK in 2023.

12

SEASONS HOSTING THE
WRU MEMBERS CLUB

12

CITIES OF INTERNATIONAL
SUMMITS DELIVERED

Top 50

EVENTEX, UK EVENTS
INDUSTRY 2023

CEO

& FOUNDER, TRM FLEX

Twelve years of *live rooms*.

Rhys Morris is a Welsh event host, master of ceremonies and compere who has spent more than twelve years holding the UK's liveliest rooms, from stadium hospitality to the corporate stage. For twelve consecutive seasons, from 2014 to 2026, he was the host of the Welsh Rugby Union's Official Members Club on every Wales international match day in Cardiff, interviewing Wales legends including Shane Williams, Dan Biggar, Mike Phillips, Leigh Halfpenny, George North and Jamie Roberts live in front of a full house. Shane Williams presented him with a custom Wales jersey to mark ten years in the role, and the WRU's Nick Lockley describes him as "the life and soul" of the club.

Rhys brings that presence to corporate conferences, awards ceremonies, gala and charity dinners, product launches and sports dinners across London and the UK. He is a natural live interviewer and panel moderator, at ease with athletes, founders and chief executives, and in June 2026 he appeared on the panel at the London Christmas Party Show. He works to a client's brief, brand and running order, checks every name and sponsor mention, and keeps the room with you from the first welcome to the last award.

What sets him apart is that he has run the event as well as fronted it. As EMEA Summits Events Manager at the SANS Institute he planned and delivered cyber-security summits in twelve cities across Europe and the Middle East. He delivered health and wellbeing programmes in Melbourne, Los Angeles and the UK, and as Head of Events at The Office Group he ran TOG Talks, hosting, interviewing and leading its panels. In 2023 Eventex named him among the 50 Most Influential People in the Events Industry in the UK. He is the CEO and founder of TRM Flex, an event operations platform, so he understands the production side of your event, not just the microphone.

Rhys is also a trained bass-baritone. A Cardiff University music graduate who held a scholarship with the BBC National Chorus of Wales and sang on the Chandos recording of Sullivan's *Ivanhoe*, he can open or close a night with a live vocal moment, which means a host and a performer in a single booking.

Based in Essex, close to London, Rhys works across the UK and abroad. Every booking starts with a briefing call and full preparation, and clients get a host who arrives early, rehearses with the technical team and stays calm when the running order moves.

Where fees *start*.

from £1,500

Corporate MC, half day

Openings, introductions and a running order held for a half-day conference or company event.

from £2,500

Corporate MC or conference host, full day

A full day on stage, including panel moderation and transitions.

from £2,750

Awards host

The full awards night: rehearsal, sponsor moments, categories and winners.

from £2,000

Gala, charity and after-dinner hosting

Charity balls, galas and fundraising dinners, alongside your auctioneer.

from £1,500

Sports dinners and match days

Sportsman's dinners, club awards, hospitality and matchday hosting with a live guest interview.

from £1,500

Live interviewer and fireside chats

A prepared on-stage conversation with your guest, athlete or CEO.

from £250

Voice-over, per project

Studio-quality read; broadcast usage quoted separately.

On application

Singer, or host and performer in one booking

A live vocal moment from a trained bass-baritone, or hosting and performance together.

For agencies and bureaux

- All fees are **net to Rhys**. Add your own commission on top; one fee sheet for every agency.
- Rhys never approaches an agency's client directly, and works white-label on request.
- Every booking includes a briefing call and full preparation. Travel and expenses are charged in addition. No VAT is added.

In their *words*.

“He is the life and soul. The reason that we’ve been so successful in this Members Club and have been able to run this for years is because Rhys does make the day that extra bit special.”

Nick Lockley

Debenture and Commercial Ticketing Manager,
Welsh Rugby Union

“Rhys will give you a lot more than you could ever really expect or imagine. He’s very thorough in his production skills and thinking through all the details of the day.”

Matt Green

Professional accompanist, WRU Official Members Club

“It’s that X factor he brings. He’s got that ability to really muster a crowd.”

Dr Andrew Taylor

Musical director, WRU Official Members Club

“He’s got a great voice, but he’s got an amazing mind. It’s amazing to see him work a room.”

Joshua Owen-Mills

WRU Official Member



Watch the showreel

Showreel: youtube.com/watch?v=JkUrpvw7X18

Testimonials on film: rhysmorris.com/welsh-rugby-host

Hi-res photos, bios and this kit: rhysmorris.com/press

Referenced biography: rhysmorris.com/biography

Hold the room.
Let's talk.

